

Contact

Teesside Fat Freezing

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If you can squeeze it, we can freeze it



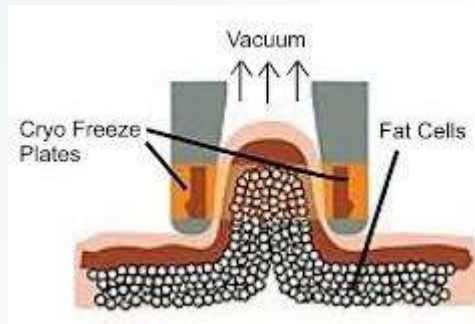
What is Fat Freezing?

Fat Freezing, known under the scientific name *cryolipolysis* and the registered trade mark *CoolSculpting*, is a non-invasive, non-surgical, clinically proven method of targeting fat in problem areas using cooling technology. The procedure has been passed as safe by the Federal Drug Administration (FDA). It works by cooling unwanted fat cells in the body which kills some of the fat cells by a natural process known as apoptosis. The surrounding tissues are unaffected and unharmed.

The fat cells are taken to low temperatures at which they crystallize and die and are excreted by the body over a period of about 12 weeks. The skin is protected by an antifreeze membrane. The treatment is non-invasive, safe and generally well tolerated with minimal side effects. You can expect to lose, on average, about 30% of the fat in the targeted area per treatment. Once the fat cells have died they are gone forever. If you subsequently gain weight, you will gain weight all over but will still have less fat in the targeted area than you would otherwise have had.

What are the Benefits of Fat Freezing?

It is non surgical and non invasive. You will suffer no downtime and you will be able to return to your normal activities afterwards, including returning to work and exercising. It is also safe. During the procedure patients can sit or lie comfortably and read, work on their laptop or even have a sleep during the procedure. .



It is convenient. The procedures last on average one or two hours, so can be completed with minimal disruption to your day.

The results are visible. You can see the benefits, usually between about 6 – 12 weeks after treatment. Areas can be retreated for further enhancements. Most people are happy with between 1 and 3 procedures.



Lower abdomen during bilateral (2 area) treatment

Side Effects

Common side effects with Fat Freezing tend to be minimal and in most cases of no concern at all. Typical side effects can include:

- Numbness or swelling of the treated area.
- Redness, sometimes with bruising. The bruising is caused by the vacuum action of the cups and varies from person to person.
- Tingling, stinging or pins and needles – can occur transiently as the skin warms up again after treatment.
- Bloating.

Less common side effects can include:

- Dizziness
- Nausea
- Abdominal cramping



Unretouched photo showing before and six weeks after a single treatment (results vary).