



NEWS

Would you have your fat frozen away? New therapy now available on Teesside

Therapist says it targets muffin tops, back fat and 'moobs'

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Mandy Boylett, 52, from Yarm, has invested in a cryolipolysis machine.

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Wanting to fit into your Christmas party outfit?

Then this new 'fat freezing' therapy might be one to try.

Mum of two Mandy Boylett, 52, from Yarm has invested almost £5000 in the cryolipolysis machine - cryo meaning freezing and lipo referring to the fat - and has trained up to offer the treatment after having success with the method of fat reduction herself.

She says that her clients have been happy with the results so far - the procedure targeting "floppy fat" areas such as muffin tops, back fat and moobs.



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She said: "I would say it takes between one and three treatments to start seeing results."

The machine uses rounded paddles in one of four sizes to suction your skin and fat like a vacuum.

"It sucks in the fat and then freezes it between two plates," explains Mandy.

"It is completely non surgical.

"I'd found out about it on the internet and had a treatment myself from a clinic in Manchester.

"I was so impressed that I thought I'd get my own machine.

"I have had absolutely incredible results.

"I'm 52-years-old and look fab in a bikini."



Male 'moobs' before and after the new method of fat loss.

Mandy has had both male and female clients looking to improve areas including their arms, legs, backs, abdomen, thighs and bottoms.

"The floppier the area the better the results," she said.

While you sit in a reclined chair for up to an hour, cooling panels set to work crystallizing your fat cells.

Mandy said: "Initially it just feels really cold then the area just goes numb."

The fat-freezing procedure was believed to be first discovered after doctors noticed that children who ate a lot of ice pops experienced fat degradation in their cheeks.

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Mandy Boylett with her cryolipolysis machine.

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It was developed at the Massachusetts General Hospital in Boston in the U.S.

Doctors there showed that subcutaneous fat cells are vulnerable to the effects of cold.

They reported that the fat cells will gradually die through a process called 'induced apoptosis' if exposed to cooling for long enough.

Is it safe though?

Possibly as it's a newer treatment, any potential dangers seem difficult to pin down.

Clients may be left with a 'love-bite' type mark reports The Daily Mail, along with a mini frostbite effect, redness and bruising.

Unqualified practitioners are to be avoided.

Mandy charges £200 for the first treatment - and currently £100 for each subsequent treatment.

For more information contact Mandy on 07941 937269 or visit [the website](#).

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